Student Selected Component:

Representing Pain Through Art

By Elif Nur Vural K21006526

Trigger Warning: Discussion about Suicide

Representing Pain Through Art

Representing:
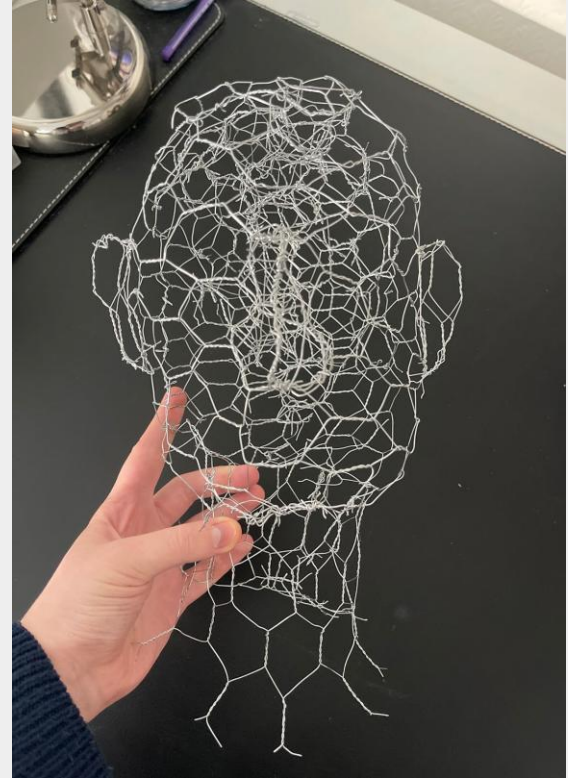# *Overdose / Dependency on Painkillers*

Opening at neck area allowed access for 'medication' placement
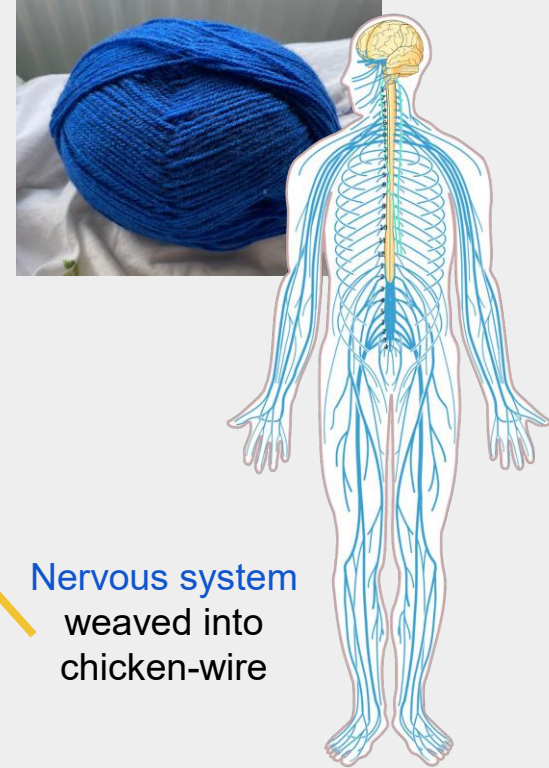
Representing:

'I felt trapped in my body'

Chicken-wire used to trap and encage

Representing:
Pain from Multiple Sclerosis

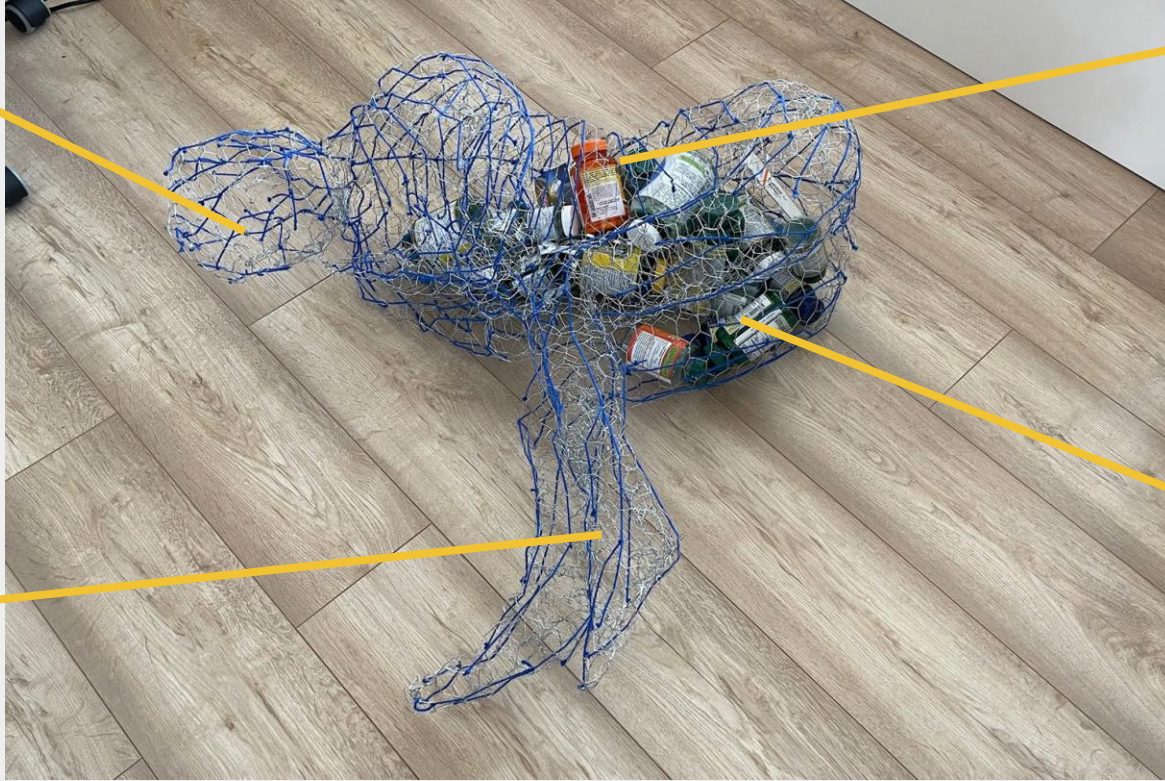Nervous system weaved into chicken-wire

Representing:

Nights of Pain – The Fetal Position

Overview

Use of chicken-wire to demonstrate feeling trapped

Filled with painkillers to demonstrate her attempted overdose

Blue wool used to create nervous system which is causing MS pain

The fetal position was how she spent her worst nights in pain
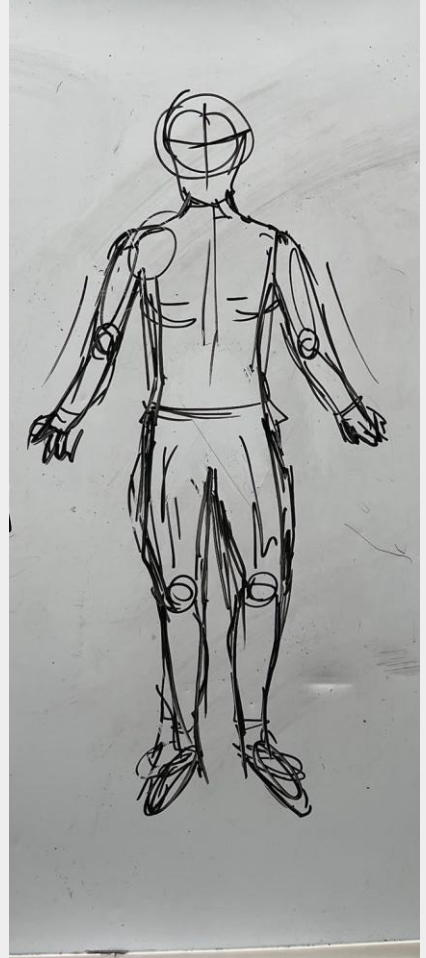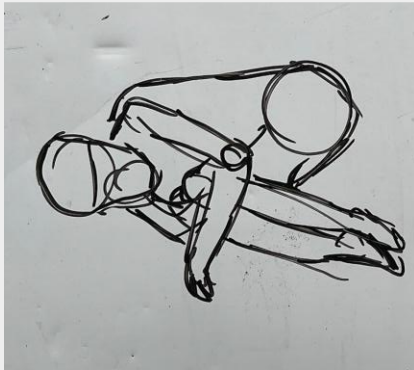
Cultural Competency

- The significance of one's ***native language*** in ***self-expression***
- Importance of language in both ***medical*** and ***artistic communication***
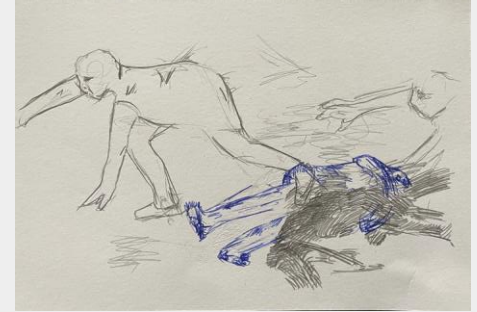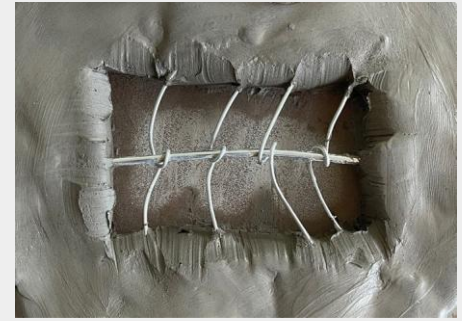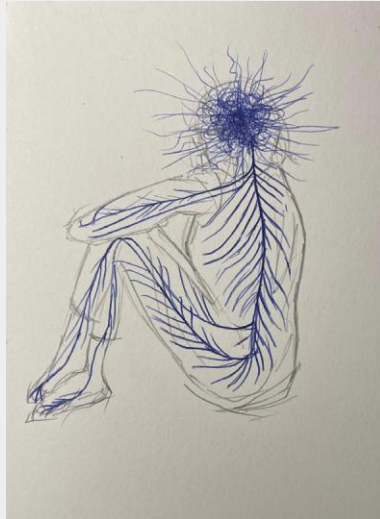- Enhanced ***cultural proficiency***

The Pain Paradox

- **Suicide** and **Transcendence**: *'I prayed to God that I die'*
- Paradoxical idea of putting one's self in **more harm** to **feel less**
- **Pain perception** and **expression** is intense and **unique** to every patient

Being a Translational Vessel

- ***Empathy*** through own ***emotional investment***
- Art as a bridge to better ***embrace*** one's pain beyond just a medical history
- ***Limitations*** to expressing another's pain

Personal Growth...

Personal Growth...

I put my hand on a stove, to see if I still bleed, yeah
And nothing hurts anymore, I feel kinda free

from the penultimate track **'Ghost Town'** on Kanye West's 2018 album *'Ye'*

Thank you for listening :)

elif.vural@kcl.ac.uk